



Let's Take Control of our Blood Pressure!

The Riverside Community Health Foundation, in partnership with the Coalition for Black Health and Wellness, is here to support our community's health.

Don't Wait

Protect our Community's Health Today!

Schedule your organization for a pop-up screening event. Each participant who completes screening will receive a promotional item to encourage healthy eating habits!

Did You Know?

- In 2023, 27% of Riverside County residents were diagnosed with hypertension (high blood pressure).
- For Black/African American residents, this number jumps to 34%.
- High blood pressure is often called the "silent killer" because it has no symptoms but can lead to serious health issues like heart disease and stroke.



Call us to schedule your screening

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California Health Care Foundation
HEALTH CARE THAT WORKS FOR ALL CALIFORNIANS